


















WEEK ONE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Pork Sausage Toad in the Hole & Home-baked Potato Wedges	Red Tractor Mild Chicken Curry, Mixed Wholegrain & White Rice 	Roast Chicken, Stuffing & Roast Potatoes with Gravy	Wholemeal Margherita Pizza & Pasta Salad 	Fish Fingers & Chips
<b>Vegetarian Meal Option</b>	Veggie Sausage Toad in the Hole & Home-baked Potato Wedges 	Macaroni Cheese 	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Butternut Squash & Five Bean Risotto 	Cheese Flan, Chips & Ketchup
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans 	Jacket Potato with Cheese 	Jacket Potato with Beans 	Jacket Potato with Cheese 	Jacket Potato with Beans or Salmon Mayonnaise 
<b>Sandwich</b>	Cheese	Tuna	Hot Roast Baguette	Ham	Fish Finger Wrap
<b>Vegetables</b>	Carrots & Broccoli 	Peas & Sweetcorn 	Broccoli & Carrots 	Sweetcorn & Beans 	Peas & Beans 
<b>Dessert</b>	Vanilla Cookie	Marble Sponge & Chocolate Sauce	Strawberry Jelly with Watermelon Slice 	Banana Mousse with Orange Smiles 	Iced Sponge

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit



Oily fish



Vegan VE


















England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

## Spring / Summer Menu Week 2

21<sup>st</sup> April, 12<sup>th</sup> May, 2<sup>nd</sup> June, 23<sup>rd</sup> June, 14<sup>th</sup> July, 4<sup>th</sup> Aug, 25<sup>th</sup> Aug, 15<sup>th</sup> Sept, 6<sup>th</sup> Oct, 27<sup>th</sup> Oct



WEEK TWO	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Red Tractor Beef Pasta Bolognese & Garlic Bread 	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Wedges 	Fish Fingers & Chips
<b>Vegetarian Meal Option</b>	Cheese & Onion Roll with Home-Made Potato Wedges	Veggie Pasta Bolognese & Garlic Bread 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Veggie Chilli with Rice 	Crispy Vegetable Fingers & Chips Vg
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans 	Jacket Potato with Cheese 	Jacket Potato with Beans 	Jacket Potato with Cheese 	Jacket Potato with Beans 
<b>Sandwich</b>	Cheese	Tuna	Hot Roast Baguette	Ham	Fish Finger Wrap
<b>Vegetables</b>	Carrots & Broccoli 	Peas & Sweetcorn 	Broccoli & Carrots 	Sweetcorn & Beans 	Peas & Beans 
<b>Dessert</b>	Shortbread Biscuit with Orange Smiles 	Banana Cake with Custard 	Chocolate Brownie	Flapjack	Chocolate Oaty Slice

Portion(s) of fruit or veg



Source of wholegrain



Contains plant-based proteins



50% fruit





















Oily fish



Vegan VE

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WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
<b>Main Meal Option</b>	Sweet & Sour Chicken Meatballs & Sunny Rice 	Beef Lasagne & Garlic Bread 	Roast Chicken Gravy, Yorkshire Pudding & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad 	Fish Fingers & Chips
<b>Vegetarian Meal Option</b>	Sweet & Sour Veggie Meatballs & Sunny Rice <sup>VG</sup> 	Vegetable Lasagne & Garlic Bread 	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes 	Bean Burger & Potato Wedges <sup>VG</sup>	Cheese & Onion Puff Pastry Roll
<b>Baked Jacket Potatoes</b>	Jacket Potato with Beans 	Jacket Potato with Cheese 	Jacket Potato with Beans 	Jacket Potato with Cheese 	Jacket Potato with Beans 
<b>Sandwich</b>	Cheese	Tuna	Hot Roast Baguette	Ham	Fish Finger Wrap
<b>Vegetables</b>	Carrots & Broccoli 	Peas & Sweetcorn 	Broccoli & Carrots 	Sweetcorn & Beans 	Peas & Beans 
<b>Dessert</b>	Chocolate Cookie with Orange Smiles 	Strawberry Mousse & Fruit Slices 	Vanilla Cup Cake	Jam Sponge and Custard	Chocolate Crunch

Portion(s) of  
fruit or vegSource of  
wholegrainContains  
plant-based  
proteins50%  
fruitOily  
fish

Vegan

VE

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