

Autumn/Winter Menu Broomhill Infant School



WEEK ONE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10 th Nov, 1 st Dec, 22 nd Dec, 19 th Jan, 9 th Feb, 2 nd Mar, 23 rd Mar	Main Meal Option	Red Tractor Pork Sausage Roll & Home-baked Potato Wedges	Beef Taco with Corn Tortilla, Tomato Sauce & Sunny Rice	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Wholemeal Tomato & Cheese Pizza & ½ Baked Jacket Potato	Fish Fingers & Chips
	Vegetarian Meal Option	Cheese & Onion Pastry Roll & Home-baked Potato Wedges	Macaroni Cheese	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Vegetable Sausage in a Bun with ½ Baked Jacket Potato ^{VG}	Vegetable Fingers & Chips with Ketchup ^{VG}
	Vegetables	Baked Beans & Sweetcorn	Mixed Salad or Broccoli	Seasonal Greens & Carrots	British Red Tractor Garden Peas, Sweetcorn	British Red Tractor Garden Peas, Baked Beans
	Sandwiches	Cheese	Tuna Mayo	Hot Roast Baguette	Ham	Fish Finger Wrap
	Baked Jacket Potatoes	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans or Salmon Mayo
	Dessert	Vanilla Shortbread ^{VG} & Chocolate Sauce	Flapjack & Orange Slices	Strawberry Jelly ^{VG}	Oaty Cookie with Fruit Slices	Sponge Cake
WEEK TWO		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27 th Oct, 17 th Nov, 8 th Dec, 5 th Jan, 26 th Jan, 16 th Feb, 9 th Mar	Main Meal Option	Pork Sausage & Mashed Potato with Gravy	Red Tractor Beef Pasta Bolognese & Garlic Bread	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Wholemeal Margherita Pizza & Sunny Rice	Battered Pollock & Chips
	Vegetarian Meal Option	Veggie Sausage & Mashed Potato with Gravy ^{VG}	Plant-based Pasta Bolognese & Garlic Bread	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes	Vegetable Chilli & Sunny Vegetable Rice ^{VG}	Cheese Flan & Chips
	Vegetables	Broccoli, Sweetcorn or Baked Beans	Broccoli, Cauliflower & Carrots	Seasonal Greens & Carrots	British Red Tractor Garden Peas, or Sliced Carrots	British Red Tractor Garden Peas, Baked Beans
	Sandwiches	Cheese	Tuna Mayo	Hot Roast Baguette	Ham	Fish Finger Wrap
	Baked Jacket Potatoes	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans
	Dessert	Shortbread Pin Wheels & Fruit Slices ^{VG}	Chocolate Fudge Cake	Apple Crumble ^{VG} & Custard	Flapjack ^{VG}	Jelly
WEEK THREE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 rd Nov, 24 th Nov, 15 th Dec, 12 th Jan, 2 nd Feb, 23 rd Feb, 16 th Mar	Main Meal Option	Beef Burger with Home-baked Potato Wedges	Mild Chicken Curry served with Mixed Rice	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Margherita Pizza with ½ Baked Jacket Potato	Fish Fingers & Chips
	Vegetarian Meal Option	Vegetable Burger with Home-baked Potato Wedges ^{VG}	Macaroni Cheese	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Vegetable Sausage Hotdog served with ½ Baked Jacket Potato	Crispy Vegetable Fingers & Chips ^{VG}
	Vegetables	Sweetcorn, Baked Beans	Broccoli, Cauliflower & Carrots	Seasonal Greens & Carrots	Broccoli or Sweetcorn	British Red Tractor Garden Peas, Baked Beans
	Sandwiches	Cheese	Tuna Mayo	Hot Roast Baguette	Ham	Fish Finger Wrap
	Baked Jacket Potatoes	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Beans
	Dessert	Vanilla Cookie & Fruit Slices ^{VG}	Syrup Sponge Pudding & Custard	Apple & Cinnamon Rolls	Chocolate Oaty Slice ^{VG}	Iced Sponge Cake Topped with a Glace Cherry

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg		Source of wholegrain		Contains plant-based proteins		50% fruit		Oily fish		Vegan	VG
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England's target for 'free sugar' intake for your child
Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.