

Sheffield Lockdown Challenge 2021 Activity Log

Name _____

Please use this form to keep track how many miles/ minutes you have done one each day as part of the Sheffield Lockdown Challenge. Please make sure you submit your evidence via www.sheffieldgetmoving.co.uk/submit-evidence.

Monday 11th Jan	Tuesday 12th Jan	Wednesday 13th Jan	Thursday 14th Jan	Friday 15th Jan	Saturday 16th Jan	Sunday 17th Jan
Monday 18th Jan	Tuesday 19th Jan	Wednesday 20th Jan	Thursday 21st Jan	Friday 22nd Jan	Saturday 23rd Jan	Sunday 24th Jan
Monday 25th Jan	Tuesday 26th Jan	Wednesday 27th Jan	Thursday 28th Jan	Friday 29th Jan	Saturday 30th Jan	Sunday 31st Jan
Monday 1st Feb	Tuesday 2nd Feb	Wednesday 3rd Feb	Thursday 4th Feb	Friday 5th Feb	Saturday 6th Feb	Sunday 7th Feb
Monday 8th Feb	Tuesday 9th Feb	Wednesday 10th Feb	Thursday 11th Feb	Friday 12th Feb	Saturday 13th Feb	Sunday 14th Feb
Monday 15h Feb	Tuesday 16th Feb	Wednesday 17th Feb	Thursday 18th Feb	Friday 19th Feb	Saturday 20th Feb	Sunday 21st Feb