# Broomhill Sports & Healthy Lifestyles Newsletter

Summer Term July 2023



#### PE at Broomhill

Summer 1 PE topics covered Ball Skills, Net & Wall and Invasion! This term saw lots of brilliant tennis skills with lots of budding tennis stars. If anyone is looking for tennis clubs outside of school there are a few in the local area. Abbeydale Tennis Club offers a junior programme.

During half term 2 we have been getting ready for our annual Sports Day with Athletics alongside Target Games. We have practised lots of running, jumping and throwing. Also a big thankyou this year to Kitlocker who have provided us with lots of new equipment this year for our PE and after school club sessions.



#### After School Sport Clubs

This term has seen us run both hockey and dodgeball clubs on Wednesdays and Mondays which have been very popular. It's great to see so many Broomhill children having a go at different sports! We look forward to offering lots more sports clubs for those still at Broomhill next year. Keep on the lookout in September!

#### Competitions & events!!

At the start of the term we took a dance team that had been practising their routine with Mrs Hutt to the Octagon Dance Performance. It was a fun day where we performed to over 200 people and got to watch lots of other schools dances!



### Lydgate Athletics Event

On Friday 16<sup>th</sup> June, a team of 12 Y2 children with Mrs Hutt & Mr Clarke walked all the way up to Lydgate Junior School in bright sunny weather and then used all their energy and enthusiasm to represent Broomhill Infant School at an Athletics event!

They hopped, skipped, jumped and ran to compete in lots of fun events whilst wearing the new Broomhill sports kit (very smart indeed!)

There were some collaborative activities where they needed a partner to complete the race. There was even one where a blindfold was worn! The hurdles were challenging but Broomhill jumped bravely, and the children proved excellent target accuracy. Lots of giggles were heard during the sack race so how the Y2s managed a high score, I'm not sure!

Despite drinking lots of water during the event, blackcurrant juice and biscuits were needed at the end to boost all that energy the children had used for a great afternoon's work alongside local infant schools. Well done Y2s. We hope you continue to compete in your new junior schools!







#### Sports Day



Sports Day also took place slightly earlier this year on the July 28th June at the Goodwin Sports Centre. It was a nice sunny day with great Athletics skills shown along with amazing support from parents. The carousel of stations got everyone involved with javelin throwing, egg and spoon, hurdles, penalty shoot out and many more. Of course the parents relay took centre stage as always.

Well Done everyone involved!



## Have a great Summer break!

Keep an eye out in the community for sporting activities through the summer. Here are a few available which include gymnastics and multisports:



