

Family Intervention Service - School Engagement Team

School Advice Session Offer - Information for Schools

What is the purpose of School Advice Sessions?

Identifying a problem early leads to better outcomes and works to reduce risks and needs. Advice Sessions are aimed at families where we can work together between the Family Intervention Service and School to provide a short piece of work to give advice and support needed in a timely way to prevent issues escalating.

The intended outcome of this is one of the following:

- a) The family / child receives the support and advice they need within one or two sessions.
- b) The family receive some initial support and advice that enables and empowers them to be able to engage in an Early Help Assessment led by school to gain longer term support.

How does the Advice Session work?

Setting up the session:

- We aim to give each School an agreed number of advice sessions available to them each half term. Your link Team Manager will liaise with you to help identify and prioritise families so that we make best use of these sessions.
- School is responsible for liaising with the family, and agreeing a date and time, ideally at school. Any form of support from Family Intervention Service is optional and we work hard to make the sessions feel safe, non-threatening and collaborative.

The Advice Session/s:

- Advice sessions are a three-way process (School, FIS, and the Family). We ask that an appropriate person from School is part of the session. As lead professional, school will have valuable insight into the needs and experiences of the child and provide a consistent link.
- Your Link Worker will be able to offer advice and signposting to support the family. They will explore what is working well, what the worries are and next steps.

The Outcome:

- We can offer up to two advice sessions for a family.
- Your Link Worker may suggest that they do a short piece of work with the family which may include home visits and direct work with the child if this is likely to be enough to meet the needs of the family.
- An Early Help Assessment led for longer term intensive support may in some cases be appropriate.

Here are some examples of support that may be covered in an advice session:

<i>Getting a good education:</i>	Discussing parental concerns around their child in school. Advising, sharing resources and signposting around; <ul style="list-style-type: none">• routines, boundaries & sleep hygiene.• support around additional needs and SEND.
<i>Family Relationships:</i>	<ul style="list-style-type: none">• Advising, sharing resources and signposting around being a parent, common challenges, behaviour management, positive parenting strategies, implementing routines & boundaries.



	<ul style="list-style-type: none"> • Support to access the Sheffield Parenting Hub and finding the right programme for the parent / carer's needs. • Identifying and offering guidance around emerging or low-level differences in parenting styles.
<i>Improved Mental & Physical Health:</i>	Advising, sharing resources and signposting around; <ul style="list-style-type: none"> • low level mental health and emotional wellbeing such as anxiety, low mood, emotional regulation, friendships and bullying. • services they can access for their mental health. • healthy eating / healthy lifestyles. • developing a positive body image. • Support for parents of LGBTQ+ children and young people.
<i>Promoting Recovery and Reducing Harm from Substance Misuse:</i>	<ul style="list-style-type: none"> • Sharing resources and signposting to services for adults or for children & young people. • Offering access to the Alcohol Screening Tool to understand the impact of an parent's alcohol consumption on their health and the advice and support that may be appropriate.
<i>Secure Housing & Financial Stability:</i>	<ul style="list-style-type: none"> • Advising, sharing resources and signposting around how to access relevant housing support services and financial support agencies.

How do I refer?

Advice sessions can be requested by a parent, or by School. Also your Family Intervention Service link worker may request an advice session with a family in your school following a referral to FIS made by another professional.

Key Contacts:

Link worker – each school has a named link worker who delivers advice sessions in your locality.

Locality Team Manager – Each School has a named Family Intervention Service Team Manager who has oversight of the family cases we are working with where a child attends your school. This manager can also liaise with you about making best use of School Engagement Sessions.

School engagement Team Manager – 3 Team managers have specific oversight of the school engagement sessions and work. They work closely with the locality Team Managers.

Locality	FIS Team Manager	School Engagement Team Manager	School Engagement Link Worker
A	Sheba Tabani- Shaikh Louise Ward & Sue Green	Tracy Brazier tracy.brazier@sheffield.gov.uk	Monica Secretan, Stepanie Haynes Smith, Sue Boulter
B	Rachel Kitchen, Sarah Butler, Scott Morris		Helen Viney, Kathryn Bailey, Tina Francis
C	Cherry Daniels, Jane Griffin, Abigail Riley	Mel Longden mel.longden@sheffield.gov.uk	Holly Hatt, Liz Murry, Jodie Dickin
D	Lauren Ainger, Nicole Nash		Diane Rodgers, Wendy Pastorelli, Vicky Thevenon, Sobia, Bibi, Simon Holden
E	Amanda Barrett, Sebah Gascoigne	Paul O'Neill paul.oneill@sheffield.gov.uk	Dawn Hollins Wilson, Molly Templeton
F	Shabana Ahmed, Rebecca Langthorne		Reyana Bi, Zlatica Benova, Samira Saleh, Barbara Hyman
G	Angela Cox		Keely Burnham, Helen Brown

PLEASE NOTE: designated staff will change over time, this is correct at September 2023

Further Information about wider services that offer Early Help in Sheffield.

If it is a single issue only that the family are struggling with, an advice session may not be needed as professionals may consider connecting a family with one of the following services will meet their needs:

- **Inclusion & Attendance** Your linked Inclusion & Attendance officers will advise on all matters linked to improving school attendance and inclusion.
- **Shelter** They offer advice and support for housing issues and homelessness, including legal advice. Please visit their website at england.shelter.org.uk for information about their offer and online advice and chat. Sheffield Office: 33-37 Hereford Street, Sheffield, S1 4PP
Emergency National Helpline 0808 8004444. Legal Phone Line: 03445 151776.
- **Citizens Advice** They offer advice on benefits, finances, employment rights and advocacy. Please visit their website for more information about support they can offer: citizensadvice.org.uk Advice Line: 0808 278 7820
- **Community Youth Teams (CYT).** Community Youth Teams (CYTs) are a specialist service for vulnerable young people aged 10-18 years. We are a targeted, early help service which aims to support young people into positive destinations and reduce the likelihood of them entering the criminal justice system [Community Youth Teams \(CYT\) | Sheffield City Council](#)
- **Sheffield Parenting Hub.** Seminars and discussion groups can be accessed via this link <https://www.eventbrite.co.uk/o/sheffield-parent-hub-17631456258> You can also call the Team to discuss group programmes on 0114 2057243
- **Kooth:** 11–24-year-olds, provides online counselling, chat and safe communication spaces via the Kooth mobile phone app and on the internet. Please visit www.kooth.com
- **Door 43, Sheffield Futures:** Drop-ins, a wellbeing cafe and one-to-one counselling for 13-25-year-olds: Tel :0114 2012800 website: www.sheffieldfutures.org.uk/projects/door43/ email door.43@sheffieldfutures.org.uk
- **Golddigger Trust:** drop-ins and 5 different wellbeing courses for 11-18-year-olds. For more information, visit their website at www.golddiggertrust.co.uk
- **Young Minds Parents Helpline:** Free Phone 08088025544 **Monday - Friday 9:30am - 4pm**
- **Young Minds 'Shout'** 24/7 crisis support for under 18s. Free Text 85258
- **Rethink Sheffield Under 18s Helpline:** open 24/7. Free Phone **0808 8010612**,
- **'Timid to Tiger' and 'Fearless' Parenting Programmes** for anxiety and self-esteem: Please see the 'What's On Guide' at: www.sheffield.gov.uk/social-care/positive-parenting To book programmes: www.eventbrite.co.uk/d/online/sheffield-parenting-hub

- **CAMHS Crisis support:** Call 0114 226 2348 or 0114 271 6540 between 9am and 5pm. You can visit the CAMHS (Child and Adolescent Mental Health Service) website at <https://www.sheffieldchildrens.nhs.uk/services/camhs/> for information and resources.
- **Sheffield Mental Health Guide:** This is an online resource with a full list of emotional health and wellbeing services. Please visit: www.sheffieldmentalhealth.co.uk
- **Cruise-Bereavement Support** [Home - Cruise Bereavement Support](#) 0808 8081677
- **SAYIT-SAYIT** works with young people aged 8-25 and professionals to make real lives better. SAYIT provide practical support to LGBTQ+ people. [SAYIT \(Sheena Amos Youth Trust\) | LGBTQ+ Youth Charity | Sheffield, England](#) 0114 2012633
- **Sleep-Sleep Seminars** and discussion groups can be accessed via this link <https://www.eventbrite.co.uk/o/sheffield-parent-hub-17631456258>. Also look at the National Sleep Helpline [National Sleep Helpline - The Sleep Charity](#) 03303 530541
- **Sheffield Young Carers**-Dedicated to helping young carers [Sheffield Young Carers | Dedicated to helping young carers across Sheffield](#) 0114 2584595
- **Sheffield Directory:** You can find information about support services and services that form Sheffield's Early Help Offer at www.sheffielddirectory.org.uk